

## Tuesday, July 1, 2025

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### Exercises for Women

Date and Time: Tuesday, July 1 7:30 pm - 8:30 pm

Address: 570 rue St-Philippe

Alfred - Alfred Community Centre

Every Tuesday evening

7:30 p.m. to 8:30 p.m.

- voluntary contribution
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## Friday, July 4, 2025

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### Exercises for Women in the park

Date and Time: Friday, July 4 8:00 am - 9:00 pm

Address: 555 rue St-Philippe

Alfred - In the park under the big top

Every Sunday morning

From 8:00 to 9:00 a.m.

## Tuesday, July 8, 2025

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### Exercises for Women

Date and Time: Tuesday, July 8 7:30 pm - 8:30 pm

Address: 570 rue St-Philippe

Alfred - Alfred Community Centre

Every Tuesday evening

7:30 p.m. to 8:30 p.m.

- voluntary contribution
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## Tuesday, July 15, 2025

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### Regular Council Meeting

Date and Time: Tuesday, July 15 4:30 pm - 6:00 pm

Address: 205, Old Highway 17, Plantagenet, Ontario K0B 1L0

Questions to Council regarding the Town's activities for the meeting will be accepted until 4pm on the Monday prior to the meeting, by email to [jprudhomme@alfred-plantagenet.com](mailto:jprudhomme@alfred-plantagenet.com) or by phone at 613-673-4797 ext. 225. E-mails must contain full-contact details (full name and address).

This meeting will be made accessible to the public via Facebook Live on the Township of Alfred and Plantagenet Facebook page.

### Exercises for Women

Date and Time: Tuesday, July 15 7:30 pm - 8:30 pm

Address: 570 rue St-Philippe

Alfred - Alfred Community Centre

Every Tuesday evening

7:30 p.m. to 8:30 p.m.

- voluntary contribution
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## Tuesday, July 22, 2025

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### Exercises for Women

Date and Time: Tuesday, July 22 7:30 pm - 8:30 pm

Address: 570 rue St-Philippe

Alfred - Alfred Community Centre

Every Tuesday evening

7:30 p.m. to 8:30 p.m.

- voluntary contribution
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## Tuesday, July 29, 2025

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### Exercises for Women

Date and Time: Tuesday, July 29 7:30 pm - 8:30 pm

Address: 570 rue St-Philippe

Alfred - Alfred Community Centre

Every Tuesday evening

7:30 p.m. to 8:30 p.m.

- voluntary contribution
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<https://events.alfred-plantagenet.com>